

# YOUTH SERVICES

## *The GRIT Hub*

- A platform for youths to have fun while being meaningfully engaged after school under the guidance of trained youth workers
- Aimed at allowing youths to develop sustained positive relationships with adults who are able to journey with them through their daily struggles

Ages 13 - 16 (Wednesdays 3 - 6pm)

## *Youth-Rhythmix*

- A platform for youths to learn hip-hop dance with coaching from trained volunteers
- Aimed at growing youths' emotional resilience and positive self-concept
- Provides a chance for youths to perform in a large-scale dance production!

Ages 11 - 14 (Saturdays mornings)

## *Aspire Tuition*

- Provides dedicated, one-to-one academic coaching for youths facing difficulties keeping up in school
- Youths from less privileged backgrounds will be prioritised

Ages 13 - 16

Tuition schedule TBA by staff upon successful registration

For more information on programmes and volunteering opportunities, please contact [thegritproject@lakeside.org.sg](mailto:thegritproject@lakeside.org.sg)

## OUR MISSION

To nurture and equip a caring generation of children and youth to serve the community

## OUR OBJECTIVES

To create a caring and supportive space in the community for children and youth to express their unique selves through self-discovery and mentoring

To develop character, confidence, competence, connected and caring qualities in children and youth to enable them to contribute to their communities

To empower children and youth to make quality choices in their lives

## OUR TARGET

Our programmes target children aged 5 - 12 and youths aged 13 - 18 who live in the Jurong area

Should you know of any child/youth suitable for any of the following programmes, please forward your requests/referrals to [thegritproject@lakeside.org.sg](mailto:thegritproject@lakeside.org.sg)  
We will get in touch with you shortly

You may locate the referral form at [www.lakeside.org.sg](http://www.lakeside.org.sg)

We will interview all potential participants to determine suitability for the programme

For  
Ages 5 - 18

Grace . Respect . Integrity . Tenacity



A CHILDREN & YOUTH CENTRE BY  
LAKESIDE FAMILY SERVICES



Mon - Fri | 9.30am to 6.00pm



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[thegritproject.lakeside](https://www.instagram.com/thegritproject.lakeside)

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## CHILDREN SERVICES

### *The GRIT Hub<sup>+</sup>*

- A safe place for children to study after school with academic coaching
- Aimed at developing a child's interest in his studies and encouraging discipline in study and play
- Provides supervised fun for children using the drop-in facilities

Ages 8 - 12 (Fridays 2 - 4.30pm)

### SPARKS

- A short-term holiday engagement programme for children
- Aimed at exposing children to positive values through interaction with caring facilitators while inculcating life skills and social skills

Ages 7 - 12  
4 runs/ year during school holidays, schedule TBA

### *The Little Reading Club*

- Provides small group coaching for children identified to have reading difficulties
- Aimed at helping children level up quickly to read at grade level

Ages 5 - 6 | Ages 7 - 9  
(One group weekly)

## CHILDREN SERVICES

### *LIGHTS (School Social Work)*

- Specially designed for pre-teens identified by schools, who possess at-risk traits
- Aimed at exposing children to positive values through interaction with caring facilitators while inculcating life skills and social skills

Ages 11 - 12  
As per request and arrangement with school

### BLAZE

- A year-long developmental programme for children
- Staff will journey with children and provide them with nurturing guidance and skills coaching
- Aimed at sustained character building through the development of personal strengths

Ages 9 - 12  
(Wednesdays 2 - 5pm)  
Except during school holidays



## YOUTH SERVICES

### *Youth Venture*

- A year-long mentoring programme for youths aimed at self-discovery and personal growth
- Includes a series of outdoor adventure activities, service-learning projects, outings and mentoring sessions
- Promotes self-leadership through activities

Ages 13 - 16 (Thursdays 4 - 7pm)

### *School Social Work Programmes*

- Tailored for youths identified by schools, who possess at-risk traits
- Aimed at helping youths develop positive problem-solving skills through interactive workshops and experiential activities
- Provides workshops for parents to enhance engagement and communication with youths
- Customised requests from schools are welcomed

Ages 12 - 17  
As per request and arrangement agreed with school

### *Sports @ TGP*

- To nurture positive values in youths and empower them to develop self-confidence through mentoring and weekly sports coaching

Ages 13 - 16 (Wednesdays 5 - 7pm)