

A Swimmingly Good Time!

by Joanna Siah
Shell



(Top and bottom right)
An eye-opening experience for the elderly residents as they walked under the sea.

In December last year, we saw some 12 volunteers from Shell Jurong Island (SJI) accompanied elderly residents from Lakeside Family Services (LFS) to the SEA Aquarium at Resorts World Sentosa.

Taking a leisurely walk through the Aquarium, the elderly residents marvelled at the ocean creatures swimming gracefully around them. The seniors and volunteers also had the opportunity to interact and share life stories, encouraging and spurring each other on through life challenges.

First time volunteer and Senior Technologist Jagdish Rao shared, **“I ENJOYED SPENDING PART OF THE WEEKEND WITH THE LFS ELDERS. WHAT STRUCK ME MOST WAS THE ENTHUSIASM AND ENERGY OF THE SENIOR CITIZENS TO SEE ALL THE ATTRACTIONS ON OFFER. THE WHOLE EXPERIENCE WAS TRULY ENERGISING.”**